

**ATHLETIC PARTICIPATION CONSENT AND DISCLOSURE**

Parents/legal guardians may make a photocopy of these forms for their own files if they wish. The forms will be kept on file at the school as long as the student is enrolled in Nebo School District. Parents/guardians may request the opportunity to review the forms each year by contacting the school principal. Forms filed while a student is in the ninth grade will be transferred to the high school when the student enters tenth grade.

Students who are selected to a team must have a physical examination by a qualified medical provider in accordance with Nebo District Policy JHCAB. The Utah High School Activities Association (UHSAA) Form A is used prior to the first season of participation and is valid for one calendar year. In subsequent years, the UHSAA Form B may be used. It is also valid for one calendar year. Nebo School District does not require a physical examination prior to try-outs for a team. However, we strongly encourage the student to have a physical examination prior to try-outs. Parents/legal guardians assume responsibility for determining whether or not a student should have a physical examination prior to the try-out. Students who are selected as members of a team must have the required physical examination before practicing for or participating in any athletic contest sponsored by Nebo School District or by the UHSAA.

The safety and well being of students is our greatest concern at Nebo School District. Every reasonable effort is made to ensure that activities are conducted in a safe manner. However, athletic participation carries with it certain unavoidable, unpredictable, and inherent risks and dangers that no amount of care, caution, or instruction can eliminate. By signing below, the student and parent/legal guardian consent to the participation of the student in Nebo School District athletic activities.

Participation in junior high or high school athletics is an extreme test of a person's physical and mental limits and carries with it the potential for serious injury, property loss, or even death. The risks include, but are not limited to, those caused by the physical condition of the athlete, terrain, facilities, water conditions, lack of hydration, temperature, weather, condition of equipment, vehicular traffic, and actions of other people including coaches, participants, spectators, volunteers, event officials, and others. We, the undersigned, hereby acknowledge the risks of participating in these athletic activities. By signing below, we certify that the student is physically fit and has not been advised otherwise by a qualified medical person.

We have read and accept all of the above.

\_\_\_\_\_  
Student Name (Please print)

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Legal Guardian Name (Please print)

\_\_\_\_\_  
Parent/Legal Guardian Signature

\_\_\_\_\_  
Date